



STATE OF ALABAMA DEPARTMENT OF  
**PUBLIC HEALTH**

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## Cataracts 60-SEC PSA August 2017

Did you know that cataracts are the most common eye disease, causing more than 50 percent of world blindness and affecting more than 25 million Americans?

Symptoms include clouded or blurry vision, difficulty seeing at night, sensitivity to light and glare, seeing “halos” around lights, fading or yellowing of colors, or double vision in a single eye.

Although they usually occur in the aging population, cataracts can occur at any age and can be caused by eye infections, some medicines, eye injuries, too much exposure to ultraviolet light, and various diseases.

The treatment for cataracts is surgery, with 90 percent of patients having improved vision afterward. Talk to your healthcare provider about Medicare and health insurance coverage, as most cataract surgery is covered.

Symptoms can be subtle and often go unnoticed, so if you start to notice changes in your vision or haven’t been to the eye doctor within the past 2 years, make an appointment for your dilated eye exam today. Visit [alabama-public-health-dot-gov](http://alabama-public-health-dot-gov) for more information!

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